

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline When used in conjunction with an exercise program.
- In an 8-week, randomized, double-blind, placebo-controlled study of 39 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.



JUST 8 WEEKS

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. oduct sold by weight not volume. Significant

Velositol® and its associated logo is a trademark of Nutrition 21, LLC. Velositol® is patent protected.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 220 banned substances on the 2020 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks ■\* Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

**40**<sub>G</sub> PROTEIN<sup>‡</sup>

LEUCINE<sup>‡</sup>

**500**MG VELOSITOL®‡

‡Per 2 scoops

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

# Supplement Facts Elevated Muscle Fuel for Muscle

Servings Per Container		50	25	diowth & Recovery
				Features Only Pr
Amount Per Serving	% Daily Va	% Daily Value		Fast-Digesting P
Calories	100		200	
Total Fat	1 g	1%†	2 g 3%†	Only Whey Hydrolys
Saturated Fat	0 g	0%†	0.5 g 3%†	Whey Isolate & Leu
Cholesterol	10 mg	3%	20 mg 7%	Enhanced with V
Total Carbohydrate	3 g	1%†	6 g 2%†	
Dietary Fiber	0 g	0%†	<1 g 3%†	To Accelerate Musc
Total Sugars	1 q	*	2 q *	

hromium (as Chromium Picolinate & Chromium Histidinate)	125 mcg	35/%	250 mcg	/14%	CI.
odium	110 mg	5%	220 mg	10%	Cli
otassium	165 mg	4%	330 mg	7%	Pe
-Leucine (from Micronized L-Leucine, Whey Protein Isolate,	3.1 g	*	6.2 g	*	Fo
Hydrolyzed Whey Protein)					Pr
elositol® (Amylopectin/Chromium Complex)	250 mg	*	500 mg	*	
nzyme Blend (Blend of Lactase & Bromelain)	200 mg	*	400 mg	*	Ну

Percent Daily Values are based on a 2.000 calorie diet.

OTHER INGREDIENTS: Protein Blend (Whey Protein Isolate, Hydrolyzed Whey Protein), Cocoa Powder (Processed with Alkali), Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Natural Tocopherols, Tricalcium Phosphate), Natural & Artificial Flavor, Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Sunflower Lecithin, Acesulfame Intense Training\* Potassium, Silicon Dioxide

CONTAINS: Milk.

General Nutrition Corporation Pittsburgh, PA 15222 USA

MARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free, No Soy.





**Enhanced with More LEUCINE than Standard Whey Protein** 

Growth & Recovery^\*

remium, Ultra-Pure,

ates and a Clinical Core of cine to Improve Strength \*\*

/ELOSITOL® & Leucine

cle Protein Synthesis^\*

For Pre-Workout & Cardio

inically Proven Support for Strength, formance & Stamina \*\*

### or Post-Workout & Cardio

rovides Fast-Digesting Whey Isolate & vdrolysates Plus Leucine to Fuel Muscle & Support Recovery^\*

On Non-Training Days & Between Meals

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder



DIETARY SUPPLEMENT NET WT 48.1 OZ (3 LB) 1362.5 G 25 SERVINGS