

GNC



PRO PERFORMANCE

25g PROTEIN | 130 CALORIES | 1g SUGARS

100% CASEIN

High-Quality, Gluten Free Protein
Supports Muscle Recovery
with Slow-Digesting Protein^{^*}



VANILLA CREAM
NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT
Net Wt 33.58 oz (2.10 lb) 952 g

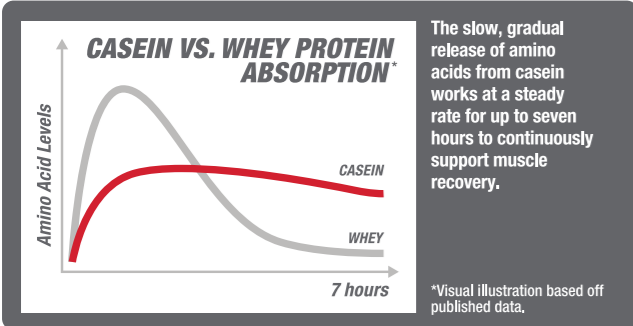
PRO PERFORMANCE® RESULTS

Maintaining adequate protein levels throughout the day can be a challenge. Casein is a slow-release protein naturally rich in glutamine and branched chain amino acids (BCAA). 100% Casein contains 25 grams of protein, providing slow and steady amino acids for muscle growth and maintenance over several hours.^{^*} A perfect choice for overnight and long-period lean muscle recovery, 100% Casein supports your wellness and performance goals.^{^*}

PRO PERFORMANCE® QUALITY

100% Casein is tested and certified Banned Substance Free.[♦] It is gluten free, tastes great and mixes easily with a simple stir, shake or blend.

[^]When used in conjunction with an exercise program.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. ^{*}Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

^{*} These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 386497

DIRECTIONS: As a dietary supplement, mix one scoop (34 g) in 10 fl. oz. of cold water, milk or your favorite beverage and blend well. Consume 1-2 servings per day. Best enjoyed early in the day, post-workout and/or before bed as an additional source of protein.

KSG

Supplement Facts

Serving Size One Scoop (34 g)
Servings Per Container 28

Amount Per Serving	% Daily Value	
Calories	130	
Total Fat	1 g	1%†
Cholesterol	15 mg	5%
Total Carbohydrate	4 g	1%†
Total Sugars	1 g	*
Includes 0 g Added Sugars		0%†
Protein	25 g	
Calcium	600 mg	46%
Sodium	170 mg	7%
Potassium	120 mg	3%

† Percent Daily Values based on a 2,000 calorie diet.
^{*} Daily Value not established.

INGREDIENTS: Micellar Casein, Natural and Artificial Flavors, Polydextrose, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- and Diglycerides, Tocopherols as an Antioxidant), Mineral Blend (Salt, Sodium Gluconate, Potassium Chloride), Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin, Salt, Sucralose, Acesulfame Potassium.

CONTAINS: Milk and Soybeans.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.



GLUTEN FREE

THREE WAYS TO ENJOY YOUR 100% CASEIN PROTEIN

1 SHAKE
Combine with cold water, milk or your favorite beverage in a shaker cup



2 BLEND
Make a delicious smoothie adding fruits, juices, peanut butter or yogurt



3 EAT
Mix powder in your oatmeal, yogurt or your favorite food



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



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