

GNC
TOTAL LEAN®

Layered LEAN BAR

Convenient, delicious snack
Lean muscle support

CALORIES
190

PROTEIN
16G

GLUTEN
FREE

GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Vitamins & on-the-go snacks

For your customized Total Lean® experience,
visit www.totallean.com



WHIPPED CHOCOLATE
MOUSSE

NATURALLY FLAVORED WITH
OTHER NATURAL FLAVORS

CODE 496873

FWG

DIRECTIONS: As a delicious snack, enjoy once or twice daily in conjunction with a healthy weight management program.

Nutrition Facts

5 Servings Per Container

Serving Size **One Bar (44g)**

Amount Per Serving

Calories **190**

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 7g **35%**

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 2g

Cholesterol 20mg **7%**

Sodium 300mg **13%**

Total Carbohydrate 14g **5%**

Dietary Fiber 1g **4%**

Total Sugars 5g

Includes 4g Added Sugars **8%**

Protein 16g **32%**

Vitamin D 0mcg 0% • Calcium 50mg 4%

Iron 1mg 6% • Potassium 40mg <1%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Whey Protein Concentrate, Vegetable Oils (Palm, Palm Kernel, Soybean), Soy Protein Isolate, Whey Protein Isolate, Vegetable Glycerin, Sugar, Bovine Collagen Hydrolysate, Maltitol, Sorbitol, Cocoa (Processed with Alkali), Corn Syrup, Water, Sunflower Oil, Natural Flavors, Salt, Tapioca Starch, Sunflower Lecithin, Maltodextrin, Propylene Glycol Mono Esters, Sodium Caseinate, Potassium Sorbate (Preservative), Baking Soda, Soy Lecithin, Mono and Diglycerides, Acetylated Monoglycerides, Whey, beta-Carotene (Color), Vitamin A Palmitate, Sucralose, Tocopherols (Preservative), Silicon Dioxide, Almond, Peanut.

CONTAINS: Milk, Soybeans, Tree Nuts (Almond) and Peanuts.

Manufactured in a plant that processes wheat, egg and fish.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

Store at 55° F-75° F. Protect from heat, light and moisture.

For More Information: 1-888-462-2548, GNC.com



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LEAN BAR
Hunger-Satisfying, High-Protein Snack Bar



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5 - 44 G (1.55 OZ.) BARS • NET WT. 220 G (7.75 OZ.)

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