

Supplement Facts

Serving Size: 1 scoop (14.9 g)

Servings Per Container: About 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Magnesium (as Magnesium Bisglycinate Chelate)	40 mg	10%

PERFORMIX® Super Human Recovery Matrix **

Branched Chain & Essential Amino Acid System

(L-Leucine, L-Isoleucine, L-Valine) [Providing 4,000 mg BCAA], (L-Lysine HCl, L-Threonine, L-Methionine, L-Tryptophan, L-Phenylalanine) [Providing 2,200 mg EAA]

Creatine Monohydrate 3 g **

Autophagy and Cellular Regeneration Complex

Lepidamax® Instantized [Maca (*Lipidium peruvianum*) root extract] (700mg), Wild Blueberry Fruit Powder (std. for 1.5% Anthocyanins) (100mg), Vineatrol®20 (Grape Vine Extract), Phellodendron Bark Extract (containing Berberine)

* Percent Daily Values are based on a 2000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural Flavor, Malic Acid, Fruit and Vegetable Juice (Color), Sucralose, Acesulfame Potassium, and Sunflower Lecithin.

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Produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soy.

SUGGESTED USE: As a dietary supplement, adults take 1 serving (1 scoop) mixed with 8-10 oz. of cold water. Take between meals, during workouts, or for optimal results, immediately after workouts. **Please read the entire label before use.**

WARNING: DO NOT USE IF PREGNANT, NURSING, OR PLAN ON BECOMING PREGNANT. THIS PRODUCT IS INTENDED FOR USE BY HEALTHY ADULTS OVER THE AGE OF 18. Do not combine with alcohol. Not intended for use by those with a medical condition. Use only as directed. Do not exceed recommended daily intake. Consult a physician or licensed qualified health care professional prior to use if you are nursing, or if you are taking medication, or if you have a medical condition, including, but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headache or shortness of breath. **DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN. KEEP OUT OF REACH OF CHILDREN.**

Lepidamax®, including the Lepidamax® logo, is a registered trademark of Nutrition 21, LLC. Lepidamax® is patent protected.

LEPIDAMAX®



Proudly made in the USA with carefully selected ingredients of international and domestic origin.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place. Please recycle ♻️

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8