

AM PACKET

DIRECTIONS: As a dietary supplement, take the contents of one AM Packet first thing in the morning for seven days.

AM FORMULA - AM PACKET

Supplement Facts table for AM Formula - AM Packet. Includes ingredients like Ginger Root Extract, Turmeric Root Extract, and various enzymes.

OTHER INGREDIENTS: Gelatin, Cellulose, Croscarmellose, Cellulose, Titanium Dioxide, Natural Flavors, Natural Sweeteners, Natural Colors, Natural Fragrances.



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AM FORMULA - AM PACKET

DIRECTIONS: As a dietary supplement, take one capsule daily with food for seven days.

Supplement Facts table for AM Formula - AM Packet. Includes ingredients like Ginger Root Extract, Turmeric Root Extract, and various enzymes.

OTHER INGREDIENTS: Gelatin, Cellulose, Croscarmellose, Cellulose, Titanium Dioxide, Natural Flavors, Natural Sweeteners, Natural Colors, Natural Fragrances.



PM PACKET

DIRECTIONS: As a dietary supplement, take 1 packet with 4-8 fl. oz. of water or juice, twice with meals.

Supplement Facts table for PM Packet. Includes ingredients like Lactobacillus Acidophilus, Bifidobacterium, and various enzymes.

OTHER INGREDIENTS: Gelatin, Cellulose, Croscarmellose, Cellulose, Titanium Dioxide, Natural Flavors, Natural Sweeteners, Natural Colors, Natural Fragrances.

GNC QUALITY COMMITMENT: For more than 75 years, GNC has been the leader in the development of superior nutritional supplements.

GNC GUARANTEE: If you are not 100% completely satisfied, return the unused portion of the product within 30 days for a full refund.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition.

For More Information: 1-800-421-0348

Shop Now at GNC.COM

Distributed by: General Nutrition Corporation, Pittsburgh, PA 15202

PM PACKET

DIRECTIONS: As a dietary supplement, take the contents of one PM Packet with dinner for seven days.

Supplement Facts table for PM Packet. Includes ingredients like Lactobacillus Acidophilus, Bifidobacterium, and various enzymes.

OTHER INGREDIENTS: Gelatin, Cellulose, Croscarmellose, Cellulose, Titanium Dioxide, Natural Flavors, Natural Sweeteners, Natural Colors, Natural Fragrances.



PM PACKET

Supplement Facts table for PM Packet. Includes ingredients like Lactobacillus Acidophilus, Bifidobacterium, and various enzymes.

OTHER INGREDIENTS: Gelatin, Cellulose, Croscarmellose, Cellulose, Titanium Dioxide, Natural Flavors, Natural Sweeteners, Natural Colors, Natural Fragrances.



PM PACKET

DIRECTIONS: As a dietary supplement, take the contents of one PM Packet with dinner for seven days.

Supplement Facts table for PM Packet. Includes ingredients like Lactobacillus Acidophilus, Bifidobacterium, and various enzymes.

OTHER INGREDIENTS: Gelatin, Cellulose, Croscarmellose, Cellulose, Titanium Dioxide, Natural Flavors, Natural Sweeteners, Natural Colors, Natural Fragrances.



PM PACKET

Supplement Facts table for PM Packet. Includes ingredients like Lactobacillus Acidophilus, Bifidobacterium, and various enzymes.

OTHER INGREDIENTS: Gelatin, Cellulose, Croscarmellose, Cellulose, Titanium Dioxide, Natural Flavors, Natural Sweeteners, Natural Colors, Natural Fragrances.



Complete Body Cleansing 7-Day Program

- Easy-to-use daily program designed to support digestive health*
• Gently rids the body of toxins
• No fasting required
• Gentle enough for first-time users

7 - AM Packets • 7 - PM Packets
7 - Fiber and Prebiotic Packets
7 - Probiotic Capsules



DETOX

Preventive Nutrition® Complete Body Cleansing is a 7-day system designed to support overall wellness and digestive health.*

AM Formula: Each AM Formula packet contains a Gastro Formula, Total Cleanser and Enzyme Blend. This packet combines specialized herbs such as ginger, arctostaphylos and pomegranate with fructooligosaccharides (FOS) to help promote intestinal health.*

PM Formula: Each PM Formula packet supplies a Blood Circulation Formula, Liver Cleanser, Kidney Health Formula and Enzyme Blend. This packet blends the popular herbs cayenne, goldenseal and milk thistle, which supports liver function, with antioxidants such as green tea and grape seed extract.*

Probiotic - Acidophilus: Introduces beneficial probiotics, acidophilus and bifidobacterium. These organisms are important in promoting the health of the digestive tract.* They not only help maintain the health of the digestive tract but also have a direct influence on the balance of the body's natural flora.*

Fiber and Prebiotic Blend: Fiber is a necessary component of everyone's diet. Among the many health benefits of fiber, it is most commonly recognized for its ability to aid in the digestion process.* Fiber plays a critical role in the intestinal transit time; it serves as a bulking agent and also provides relief from occasional constipation.*

*Some statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.