

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

ACTUAL SIZE



**GNC**  
**PRO**  
**PERFORMANCE**

**1500MG**  
L-GLUTAMINE

**L-GLUTAMINE**

Plays an Important Role in Muscle  
Function Pre- & Post-Exercise\*

DIETARY SUPPLEMENT  
180 CAPSULES

CODE 987912

FRG

## PRO PERFORMANCE® RESULTS

Supplementation may help maintain glutamine levels that have been depleted as a result of intense exercise and may support muscle function.\* Glutamine is involved in protein synthesis and plays a pivotal role in the body's nitrogen balance.\* It serves as a fuel for the immune system and maintenance of proper intestinal function.\*

**DIRECTIONS:** As a dietary supplement, take 2-4 capsules daily, preferably 2 capsules before exercise and 2 capsules after exercise.

## Supplement Facts

Serving Size Two Capsules

Servings Per Container 90

### Amount Per Serving

L-Glutamine	1500 mg	*
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\* Daily Value not established.

**OTHER INGREDIENTS:** Gelatin.

Potency verified by GNC procedure #5052.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, Sodium Free,  
No Wheat, Gluten Free, No Corn, No Soy, No Dairy, Yeast Free.



GLUTEN  
FREE

\* These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: