

GNC

PREVENTIVE NUTRITION®

TRI-SLEEP™

Triple-Layer Sleep Technology

Relaxation*

Going to sleep*

Calm sleep*

Non-habit forming
DIETARY SUPPLEMENT
60 CAPLETS



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA



CODE 504312

CSG

Directions: As a dietary supplement, take two caplets 30-60 minutes before bed.

Supplement Facts

Serving Size Two Caplets/Servings Per Container 30

Amount Per Serving	% Daily Value
Calories.....	5
Carbohydrates.....	1 g...<1%†
Calcium (as Dicalcium Phosphate).....	70 mg... 5%
Phosphorus (as Dicalcium Phosphate).....	50 mg... 4%
Light Green Layer: Relaxation (Immediate Release).....	228 mg.....*
L- Theanine (as Suntheanine®).....	200 mg.....*
affron® Saffron Extract (<i>Crocus sativus</i>)(stigmas).....	28 mg.....*
Dark Green Layer: Going to Sleep (Immediate Release).....	403 mg.....*
Valerian Root Extract (<i>Valeriana officinalis</i>).....	400 mg.....*
Melatonin.....	3 mg.....*
Yellow Layer: Calm Sleep (Sustained Release).....	102 mg.....*
gamma-Aminobutyric Acid (GABA).....	100 mg.....*
Melatonin.....	2 mg.....*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Dicalcium Phosphate, Hydroxypropyl Methylcellulose, Hydroxypropyl Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, Crospovidone, Ethyl Vanillin, FD&C Yellow #5, FD&C Blue #1, Triacetin, Dextrin, Artificial Vanilla Flavor, Natural Mixed Berry Flavor.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Discontinue use two weeks prior to surgery. **Gluten Free.**

Lot No./Best By: