

GNC Total Lean®
Burn & Define Vitapak®

ADVANCED SUPPORT AS YOU STRIVE TO BURN & DEFINE.
Get a complete solution, including premium, clinically researched ingredients in just the right doses — all in a convenient pack.

MULTIVITAMIN
A premium formula that helps fill in the nutrition gaps with vitamins, minerals and key nutrients that may be missing from your diet.*

BURN 60™
This clinically researched thermogenic boosts energy and metabolism as it increases calorie burning by up to 60%.1*

L-CARNITINE 1000
The most clinically studied form of L-Carnitine available - shown to fuel fat metabolism and reduce oxidative stress post-exercise.*

CLA
Conjugated Linoleic Acid (CLA) is a naturally occurring fatty acid that fuels fat metabolism and enhances your diet.*

WATEREX™
This all-natural, scientific formulation helps regulate excess water.*

Embrace doing all the right things to achieve a more defined look — like following the enclosed meal and exercise plan. This product provides dietary supplements to support calorie burning, fat metabolism and your regimen.1*

1 Participants exercised on a treadmill on two occasions. On one occasion they took this blend before exercise and on the second, they took a placebo. The amount of calories burned during the first hour post-exercise was measured and participants burned up to 60% more calories while on this blend compared to when they took the placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC | TOTAL LEAN®

NEW!

CODE 210811

Burn 60™ Thermogenic Formula

Supplement Facts

Table with 2 columns: Amount Per Serving, % Daily Value. Rows include Guarana Seed Extract, Black Tea Leaves Extract, MegaNatural® Grape Skin & Seed Extract, Ginger Root Extract, MegaNatural® Gold Grape Seed Extract, and Chill Weed Extract.

Other Ingredients: Cellulose, Croscollon, Maltodextrin, Silicon Dioxide, Calcium Silicate, Magnesium Stearate, Vegetable Source, Natural Cinnamon Extract, Polydextrose, Natural Vanilla Mint Flavor, Sucralose, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Polyethylene Glycol, Titanium Dioxide (Mineral Whitener), Contains 180 mg of Caffeine, Conforms to USP <2091> for weight.

ACTUAL SIZE

Waterex™

Supplement Facts

Table with 2 columns: Amount Per Serving, % Daily Value. Rows include Vitamin B-6, Magnesium, and Potassium.

Proprietary Blend 50 mg. Includes Garlic Clove Powder, Parsley Herb Powder, Uva Ursi Leaf Extract, Elderberry Fruit Powder, Horsetail Rush Stems Powder, Fenfenn Seed Powder, Corn Silk Powder, Hydrangea Root Powder, and Juniper Berries Extract.

Other Ingredients: Cellulose, Gelatin, Magnesium Stearate, Vegetable Source, Calcium Silicate, Silicon Dioxide, Vegetarian Coating. Conforms to USP <2091> for weight, Meets USP <2040> disintegration.

ACTUAL SIZE

CLA

Supplement Facts

Table with 2 columns: Amount Per Serving, % Daily Value. Rows include Calories, Total Fat, CLA (Conjugated Linoleic Acid as Clarinol®), and Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Gelatin, Glycerin, WARNING: For adult use only. Do not use this product if you are pregnant or lactating. If you are taking medication or have a medical condition, consult a physician before using this product.

ACTUAL SIZE

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. No Wheat, Gluten Free, No Soy, No Dairy, Yeast Free.

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Clarinol® Clarinol® is a registered trademark of Stepan Lipid Nutrition.

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MegaNatural® MegaNatural® and its logo are trademarks of Constellation Brands.

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BURN & DEFINE VITAPAK®

Scientifically Formulated Nutrition & Weight Management Support System

ENERGY & CALORIE BURNING* with clinically researched Burn 60™

FUELS FAT METABOLISM* with L-Carnitine 1000 & CLA

WATER BALANCE* with scientifically formulated Waterex™

NUTRITION BALANCE* with an ultra-concentrated multivitamin



DIETARY SUPPLEMENT 30 PAKS

CLINICALLY RESEARCHED

Directions: As a dietary supplement, take the contents of one pak daily. Each pak contains:

Total Lean® Multivitamin

Supplement Facts

Table with 2 columns: Amount Per Serving, % Daily Value. Rows include Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folate, Vitamin B-12, Biotin, Pantothenic Acid, Choline, Calcium, Phosphorus, Iodine, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Chloride, and Potassium.

Other Ingredients: Cellulose, Croscollon, Stearic Acid, Vegetable Source, Titanium Dioxide (Mineral Whitener), Magnesium Stearate, Vegetable Source, Polyethylene Glycol, Polysorbate 80, Caramel Color, Ethyl Vanillin, Conforms to USP <2091> for weight.

ACTUAL SIZE

L-Carnitine 1000

Supplement Facts

Table with 2 columns: Amount Per Serving, % Daily Value. Rows include L-Carnitine (Carnipure®) and Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid, Vegetable Source, Magnesium Stearate, Vegetable Source, Silicon Dioxide, Vegetarian Coating. Conforms to USP <2091> for weight, Meets USP <2040> disintegration.

ACTUAL SIZE