'In a 12 week multi-center, randomized, double-blind, placebo-controlled study of 60 adults, subjects taking 250 mg/day of the Fast-Acting Comfort Blend showed a significant 29.8% improvement in joint flexibility and a 19.4% improvement in joint function in 30 days compared to subjects on placebo.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

**General Nutrition Corporation** Pittsburgh, PA 15222 USA



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure. or prevent any disease.



## **JOINT, BONE & MUSCLE**

With ingredients clinically proven to provide 30% improvement in flexibility and 19% improvement in joint function^\*



NET WT 13,22 OZ (374,7 G)

DIRECTIONS: As a dietary supplement, mix 1 scoop (12.49 g) into 8 - 10 fl. oz. of cold water or your favorite beverage once a day.

# Supplement Facts

Servings Per Container 30

Amount Per Serving		% Daily Valu
Calories	35	
Total Carbohydrate	4 g	1%
Sugars	0.5 g	
Includes 0.5 g Added Sugars		1%
Protein	5 g	
Sodium	10 mg	<19
Leucine (as Collagen Peptides, L-Leucine)	3 g	
Fast-Acting Comfort Blend (Chinese Skullcap Root Extract [Scutellaria baicalensis] and Cutch Tree Wood & Bark Extract	250 mg [Acacia catechu])	
UC-II® Standardized Cartilage	40 mg	
MBP®	40 ma	

OTHER INGREDIENTS: Natural & Artificial Flavors, Citric Acid, Malic Acid, Soy Oil & Lecithin Blend, Acesulfame Potassium, Sucralose, beta-Carotene (Color).

## CONTAINS: Milk and Sovbeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

NOTICE: Significant product settling may occur.





UC-II® is a registered trademark of FREE InterHealth N.J. UC-II® brand collagen with undenatured Type II

collagen (U.S. Patents 7.083,820. 7.846.487 and 9.066.926).



### **JOINT, BONE & MUSCLE**

Worried about maintaining your active lifestyle? Workouts wearing you down? TriFlex™ Joint. Bone & Muscle protects not just your joints but also the bones and muscles that support them, so you can keep moving.\*

**HEALTHY JOINTS** – Features a blend of Chinese skullcap root extract and cutch tree bark extract that is clinically shown to provide a 30% improvement in flexibility and 19% improvement in joint function.

Also has UC-II® and collagen peptides, collagens that are clinically studied to support joint health.\*

**STRONG BONES** – Contains MBP®, a protein complex derived from milk that has been clinically shown to support bone density.\*

**LEAN MUSCLE** — Includes 3 grams of leucine to support muscle protein synthesis plus 5 grams of protein for lean muscle support.\*

See the lifestyle insert for more information. Also consider adding TriFlex™ or TriFlex™ Fast-Acting, which include glucosamine and chondroitin.