PRE PRE PRE PRE PRE PRE PRE PRE PRE PRE

PERFORMIX® ION PRE-WORKOUT POWERS YOUR WORKOUT. **

PERFORMIX® ION PRE-WORKOUT is powered by Caffeine, Betaine, L-Tyrosine, and Choline Bitartrate to provide explosive energy, and enhanced focus. **

PERFORMIX® ION PRE-WORKOUT is powered by Creatine Monohydrate, CarnoSyn® Beta-Alanine, and Citrulline Malate to promote improved performance by generating energy at the cellular level, increased blood flow, and an elevated pump. **



FUEL YOUR WORKOUT WITH THE PERFORMIX® STACK1*



PERFORMIX® ION Pre-Workout gives you the energy and focus to perform. ISO EAA+BCAA During Workout provides electrolytes for hydration and kick starts your recovery, and ioWHEY PROTEIN™ Post Workout supports your recovery and helps to build strength. Combine the power of this pre, during, and post product stack to fuel your workout.**

PERFORMIX® is a fitness movement. Whether you are a workout warrior or just getting started, our products, PERFORMIX House, and FitOps Foundation are here to inspire and fuel you, your purpose, and your workouts.

COMPLEMENT YOUR *Performix®* training regimen HE POWERED APP BY PERFORMIX®

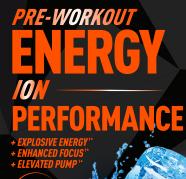




OU BUY PERFORMIX® YOU SUPPORT THE

FitOps helps transition veterans from service to careers as elite personal trainers. If you or someone you know may be a candidate for FitOps or you want to get involved in our mission, please visit FitOps.org.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MADEWITHINATURAL FLAVORS AND COLORS NET/WIT-10.05 oz (285g) | DIETARY SUPPLEMENT

SUGGESTED USE: As a dietary supplement, adults mix 1 serving (1 scopp) with 8 ounces of cold water 28-30 minutes prior to vorkiout. Do not exceed one (1) scoop per day, This product should not be taken in combination with other groducts contraining caffeine or other stamplants. Some individuals may experience a harmless tingling sensation, which is attributed to Beta Alanine in this product, Do not take within six (b) bours of bedfirms. Please read entire label before use.

Supplement Facts

Serving Size 1 scoop (9.5g) Servings Per Container 30

Total Carbohydrate Choline	1 g 40 mg	<1% 7%
Choline	40 mg	70/
		170
Creatine Monohydrate	2 g	44
CarnoSyn® Beta-Alanine	1.6 g	**
Betaine Anhydrous	1.5 g	**
L-Citrulline DL-Malate 2:1	1 g	**
Caffeine Anhydrous	200 mg	**
L-Tyrosine	200 mg	**
Choline Bitartrate	100 mg	**

"The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice. **Daily Value not established.

Other Ingredients: Natural Flavor, Citric Acid, Malic Acid, Sucralose, Silicon Dioxide, Calcium Silicate, Spirulina Extract for Color), Acesulfame Potassium Produced in a facility that also uses milk, eggs, fish, shellfish, peanuts, tree nuts, wheat and soy,

*This product is to be used in conjunction with a healthy diet and regular resistance exercise regime.

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